

# SLP VB - JULY 2023

SUN MON TUE WED THU FRI SAT

01

02 03 04 05 06 07 08

09 10 11 12 13 14 15

7<sup>th</sup>-10<sup>th</sup> Graders  
5:00p-6:30p

11<sup>th</sup>/12<sup>th</sup> Graders &  
Returning V/JV  
5:00p-6:30p

7<sup>th</sup>-10<sup>th</sup> Graders  
5:00p-6:30p

11<sup>th</sup>/12<sup>th</sup> Graders &  
Returning V/JV  
5:00p-6:30p

16 17 18 19 20 21 22

7<sup>th</sup>-10<sup>th</sup> Graders  
5:00p-6:30p  
Youth Camp, Gr 3-6  
7:00p-8:30p

11<sup>th</sup>/12<sup>th</sup> Graders &  
Returning V/JV  
5:00p-6:30p  
Youth Camp, Gr 3-6  
7:00p-8:30p

7<sup>th</sup>-10<sup>th</sup> Graders  
5:00p-6:30p  
Youth Camp, Gr 3-6  
7:00p-8:30p

11<sup>th</sup>/12<sup>th</sup> Graders &  
Returning V/JV  
5:00p-6:30p  
Youth Camp, Gr 3-6  
7:00p-8:30p

23 24 25 26 27 28 29

High School Camp  
Grades 7-12  
5:00p-8:00p

High School Camp  
Grades 7-12  
5:00p-8:00p

High School Camp  
Grades 7-12  
5:00p-8:00p

High School Camp  
Grades 7-12  
5:00p-8:00p

# SLP VB - AUG 2023

SUN	MON	TUE	WED	THU	FRI	SAT
30	31	01 Captains Practice 7 <sup>th</sup> -12 <sup>th</sup> Graders 5:00p-6:30p	02 Captains Practice 7 <sup>th</sup> -12 <sup>th</sup> Graders 5:00p-6:30p	03 Fundraiser	04	05
06	07	08 Captains Practice 7 <sup>th</sup> -12 <sup>th</sup> Graders 5:00p-6:30p	09	10 Captains Practice 7 <sup>th</sup> -12 <sup>th</sup> Graders 5:00p-6:30p	11	12
13	14 High School Tryouts Day One 9a-4p	15 High School Tryouts Day Two 9a-4p	16 Team Practices V/JV - 3p-8:30p B/9A/9B-3p-6:30p	17 Team Practices V/JV - 3p-8:30p B/9A/9B-3p-6:30p	18 Potluck 6:00p	19
20	21 (Mentors 7-4) Team Practices V/JV - 3p-8:30p B/9A/9B-3p-6:30p	22 (Mentors 8-12) Practices/Scrimmages V/JV - Scrimmage at Jefferson 3p-7p, Bus @2p B/9A/9B-3p-6:30p	23 (Mentors 12-3) Practices/Scrimmages V/JV - 3p-8:30p B/9A/9B-Scrimmage at Jefferson 3p-6p, Bus @2p	24 Team Practices V/JV - 3p-8:30p B/9A/9B-3p-6:30p	25 Game Day @ Mounds View 9A/9B Bus - 3p V/JV/B Bus - 4:15p	26 Car Wash 1p-4p
27	28 Carbo Load 6:15p Team Practices V/JV/B/9A/9B - 3:30p-6:15p	29 Game Day v Roseville	30 Team Practices V/JV/B/9A/9B - 3:30p-6:15p	31 All-Team Pics 2:30p All-FMSC 4:15p-6:15p V/JV v Alumni Scrimmage 7p-9p		

# SLP VB - SEPT 2023

SUN MON TUE WED THU FRI SAT

01

02

No Practices

03

04 Labor Day

05

06

07

08

09 Tourneys

No Practices

Team Practices  
V/JV/B/9A/9B -  
3:30p-6:15p

Game Day  
@ Armstrong  
9A/9B Bus - 3:15p  
V/JV/B Bus - 4:15p

Team Practices  
V/JV/B/9A/9B -  
3:30p-6:15p

Team Practices  
V/JV/B/9A/9B -  
3:30p-5:30p

9A/9B @ Lakeville  
South - Bus - 6:30a  
B @ Mounds View -  
Bus - 7a

10

11 Carbo Load 6:15p

12

13

14

15

16

Team Practices  
V/JV/B/9A/9B -  
3:30p-6:15p

Game Day  
@ Irondale  
9A/9B Bus - 3:15p  
V/JV/B Bus - 4:15p

Game Day  
v Totino-Grace

Team Practices  
V/JV/B/9A/9B -  
3:30p-6:15p

Team Practices  
V/JV/B/9A/9B -  
3:30p-5:30p

17

18

19

20 Youth Night

21

22

23 Tourneys

Game Day  
@ Park Center  
9A/9B Bus - 3:15p  
V/JV/B Bus - 4:15p

Team Practices  
V/JV/B/9A/9B -  
3:30p-6:15p

Game Day  
v Hopkins

Team Practices  
V/JV/B/9A/9B -  
3:30p-6:15p

Team Practices  
V/JV/B/9A/9B -  
3:30p-5:30p

V @ Hopkins - Bus - 6:45a  
JV/B @ Roseville - Bus - 7a  
9A/9B @ Andover - Bus -  
7:45a

24

25

26

27 Carbo Load 6:15p

28 Big Raffle  
Parents Night

29

30

Team Practices  
V/JV/B/9A/9B -  
3:30p-6:15p

Game Day  
@ Coon Rapids  
9A/9B Bus - 3:15p  
V/JV/B Bus - 4:15p

Team Practices  
V/JV/B/9A/9B -  
3:30p-6:15p

Game Day  
v Elk River

Team Practices  
V/JV/B/9A/9B -  
3:30p-5:30p

# SLP VB - OCT 2023

SUN	MON	TUE	WED	THU	FRI	SAT
01	02 Team Practices V/JV/B/9A/9B - 3:30p-6:15p	03 Game Day v Buffalo	04 Team Practices V/JV/B/9A/9B - 3:30p-6:15p	05 Game Day @ Rogers 9A/9B Bus - 3p V/JV/B Bus - 4p	06 Team Practices V/JV/B/9A/9B - 3:30p-5:30p	07 B Squad Tourney @ Forest Lake Bus - 7:15a
08	09 Team Practices V/JV/B/9A/9B - 3:30p-6:15p	10 Game Day v Andover	11 Carbo Load 6:15p Team Practices V/JV/B/9A/9B - 3:30p-6:15p	12 Senior Night Game Day v Osseo	13 Team Practices V/JV/B/9A/9B - 3:30p-5:30p	14 Tourneys 9A@Andover Bus - 7:45a 9B@Rogers Bus - 7:45a V/JV @ Jefferson Bus - 6:45a
15	16 Team Practices V/JV/B/9A/9B - 3:30p-6:15p	17 Game Day @ TBD 9A/9B Bus - 3:15p V/JV/B Bus - 4:15p	18 Team Practices V/JV/B/9A/9B - 3:30p-5:30p	19 Team Practices V/JV/B/9A/9B - 3:30p-5:30p	20 V/JV Tourney @ Moorhead Bus - 8a	21 Tourneys V/JV Tourney @ Moorhead
22	23 Carbo Load 6p Varsity Practice - 3:30p-5:30p	24 Varsity Section Quarter Final	25 Varsity Practice - 3:30p-5:30p	26 Varsity Section Semi Final	27	28
29	30	31				

# SLP VB - NOV 2023

SUN                      MON                      TUE                      WED                      THU                      FRI                      SAT

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			<b>01</b> Varsity Section Finals @ Osseo 5AAA - 5p 5AAAA - 7p	<b>02</b>	<b>03</b>	<i>04</i>
<i>05</i>	<b>06</b> Banquet 6p	<b>07</b>	<b>08</b> State Tourney	<b>09</b> State Tourney	<b>10</b> State Tourney	<i>11</i> State Tourney
<i>12</i>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<i>18</i>
<i>19</i>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<i>25</i>
<i>26</i>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		